

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
1	<p>FAMILIES O1</p> <p>L1: Our families and how they make us feel</p>	<p>CARING FRIENDSHIPS O9</p> <p>L2: Choosing and making friends</p>	<p>RESPECTFUL RELATIONSHIPS O16</p> <p>L3: Good manners and courtesy</p>	<p>RESPECTFUL RELATIONSHIPS O17</p> <p>L4-5: Respecting each other's differences</p>	<p>BEING SAFE O25</p> <p>L6: Looking after my body and being respectful to others</p>	<p>ONLINE RELATIONSHIPS O31</p> <p>L7: Rules for staying safe online</p>
2	<p>FAMILIES O2</p> <p>L1-2: How my family cares for me and keeps me safe</p>	<p>CARING FRIENDSHIPS O10</p> <p>L3-4: How friends make us feel happy and secure</p>	<p>CARING FRIENDSHIPS O11</p> <p>L5: Characteristics of caring friendships</p>	<p>RESPECTFUL RELATIONSHIPS O18</p> <p>L6: Self-respect and happiness</p>	<p>BEING SAFE O26</p> <p>L7: Boundaries, privacy and secrets in friendships</p>	<p>ONLINE RELATIONSHIPS O32</p> <p>L8: Know that sometimes people pretend to be someone else, including online</p>
3	<p>FAMILIES O3</p> <p>L1-2: Love, security and stability in happy family relationships</p>	<p>CARING FRIENDSHIPS O12</p> <p>L3-4: Healthy, positive friendships and how they make us and others feel</p>	<p>RESPECTFUL RELATIONSHIPS O19</p> <p>L5: Practical steps to support respectful relationships</p>	<p>RESPECTFUL RELATIONSHIPS O20</p> <p>L6-7: Different types of bullying and the impact of bullying</p>	<p>BEING SAFE O27</p> <p>L8-9: Persistence in asking for advice and help</p>	<p>ONLINE RELATIONSHIPS O33</p> <p>L10: Applying the same principles to online relationships as face-to-face relationships</p>
4	<p>FAMILIES O4</p> <p>L1-2: Characteristics of a healthy family including spending time together</p>	<p>FAMILIES O5</p> <p>L3: Problems in family life and family relationships</p>	<p>CARING FRIENDSHIPS O13</p> <p>L4-5: Problems in friendships and how to resolve them</p>	<p>RESPECTFUL RELATIONSHIPS O21</p> <p>L6-7: Responsibilities of bystanders and reporting bullying</p>	<p>BEING SAFE O28</p> <p>L8-9: Responding safely and appropriately to unknown adults including online</p>	<p>ONLINE RELATIONSHIPS O34</p> <p>L10: How information and data is shared and used online</p>
5	<p>FAMILIES O6</p> <p>L1: Dealing with unhappy family relationships</p>	<p>CARING FRIENDSHIPS O14</p> <p>L2: What to do when friendships make me unhappy</p>	<p>RESPECTFUL RELATIONSHIPS O22</p> <p>L3: Respecting others, including those in positions of authority</p>	<p>RESPECTFUL RELATIONSHIPS O23</p> <p>L4: What stereotypes are and the impact of them</p>	<p>BEING SAFE O29</p> <p>L5-6: Recognise and report feelings of being unsafe or feeling bad about adults</p>	<p>ONLINE RELATIONSHIPS O35</p> <p>L7: Recognising and reporting risks and harmful content</p>
6	<p>FAMILIES O7</p> <p>L1-2: Different types of families and how we respect differences</p>	<p>FAMILIES O8</p> <p>L3-4: Marriage, including legal perspectives</p>	<p>CARING FRIENDSHIPS O15</p> <p>L5-6: Managing conflict</p>	<p>RESPECTFUL RELATIONSHIPS O24</p> <p>L7: Permission seeking and giving in relationships</p>	<p>BEING SAFE O30</p> <p>L8-9: Getting advice and developing the confidence and vocabulary to report concerns of abuse</p>	<p>ONLINE RELATIONSHIPS O36</p> <p>L10: Critically consider online friendships and sources of information</p>