Relationships Education Parent Consultation Webinar

Primary School



Our Aims

We Want our children to:



Live a life guided by the teachings of the Quran and Sunnah



Be happy and healthy



Be protected and safe



Receive the best opportunities to learn and grow

A well planned and high quality RSE programme will allow us to achieve these aims

'Every one of you is a shepherd and is responsible for his flock.'

Sahih al-Bukhari 6719

'The leader of people is a guardian and is responsible for his subjects.'

Sahih Muslim 1829

Where do children and young people learn about Relationships Education related issues

TELEVISION RADIO VIDEOS MUSIC

> **GAMING** PARENTS AND SIBLINGS

ONLINE PEERS SCHOOL FILMS

RSE and the Muslim Community

The DfE states that RSE has been designed to help children from all backgrounds build positive and safe relationships and thrive in modern Britain. This means taking into account the faith communities pupils maybe part of when planning teaching, so that topics are appropriately handled

In developing these units, the government has worked with a number of representative bodies and faith organisations including the Association of Muslim Schools.

10



'Seeking knowledge is a duty upon every Muslim.'

Sunan ibn Majah

Slide 6

Why has the RSE guidance Changed

- Today children and young people's dependence on technology and the online world is greater than ever before
- This provides young people with many positive and exciting opportunities whilst at the same time presenting many challenges and risks to children's safety and wellbeing.
- It is crucially important then that children and young people need to know how to keep themselves safe and healthy at all times.
- The revised guidance on RSE puts safeguarding pupils at its very heart.

Slide 7

What is Relationships Education

'In primary schools, the focus should be on teaching the fundamental building blocks and characteristics of relationships with particular reference to friendships, family relationships and relationships with other children and with adults.' RSE and Health Education July 2020

Why is RSE important for schools?

- A high quality RSE curriculum will help pupils grow, learn, and develop positive, healthy behaviour for life.
- RSE plays a key part in supporting schools to protect and safeguard children
- A high quality RSE curriculum will help schools to demonstrate to Ofsted that they have a clear vision to ensure children can learn about some of the risks to their safety and wellbeing.

Why is RSE important for schools?

It is a statutory obligation under the:

- Children's Act (2004) to promote their pupil health and wellbeing
- Education Act (2002) to prepare children and young people for the challenges, opportunities and responsibilities of adult life
- We play an important role in protecting children and young people from inappropriate online content, cyber-bullying and exploitation.

A comprehensive RSE programme can and will provide invaluable support in addressing these issues

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Why is RSE important for pupils?

An effective Relationship Education Curriculum will:

develop pupil's confidence to talk and think about feelings and relationships

develop the skills, language and confidence pupils need to protect themselves in a rapidly changing world.

Prepare children for the changes and the time of puberty

Statutory Guidance: What's changed?

Relationship education is compulsory for <u>all</u> pupils in primary schools from September 2020

- Relationship and Sex Education is compulsory for <u>all</u> pupils in secondary schools from September 2020
- Health education is compulsory only for all state schools from September 2020.

Independent schools are already delivering health education as part of the PSHE requirement for such schools

What is covered in Relationships Education?

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being Safe

Health Education

A comprehensive health education curriculum will:

- enable pupils to make good decisions about their own health and wellbeing.
- equip pupils with the knowledge and skills they need to address issues such as isolation, loneliness, unhappiness, bullying and other factors that may contribute to poor health and wellbeing.

In primary schools, the focus is on teaching pupils what makes good physical health and mental wellbeing choices.

Health Education Units

- Mental Wellbeing
- Internet Safety and harms
- Physical health and fitness
- **Healthy Eating**
- Drugs, alcohol and tobacco
- Heath and prevention
- Basic first aid
- Changing adolescent body

Slide 14

Sex Education in Primary Schools

The guidance makes clear that:

- there is no statutory requirement to teach sex education in primary schools.
- where taught, parents have the right to withdraw their children from sex education lessons in any school where it is taught, where content is <u>not</u> part of the science curriculum.

Curriculum documentation and resources

The guidance makes clear that:

The Association of Muslim Schools has developed key documents to support both it's member schools and other schools and organisations for the changes of the new statutory guidance.

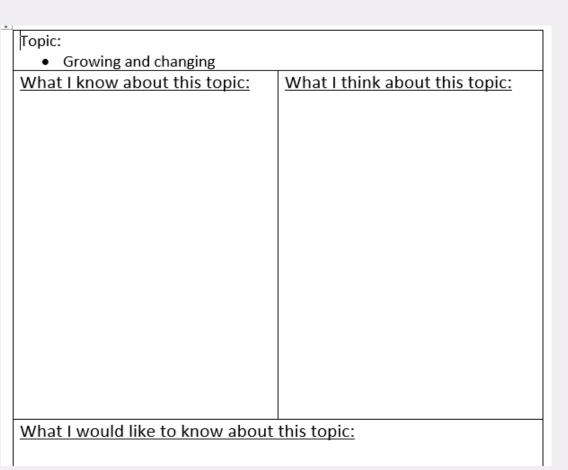
The Association will be producing lesson plans for both primary and secondary schools that meet the needs of the statutory guidance but make reference to the teachings of the Qu'ran and Sunnah

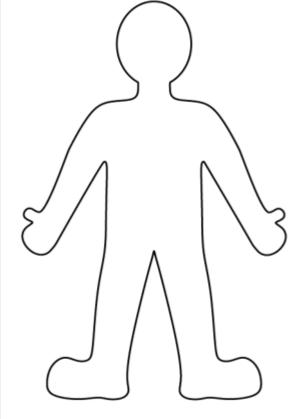
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Year group	Learning objectives for Relationships Education lessons
Nursery	o To consider the routines and patterns of a typical day
	o To explain how to keep myself clean and healthy and explain why it is important
	To identify the people in my family and explain where I can get help
Reception	o To consider the routines and patterns of a typical day
	 To explain how to keep myself clean and healthy and explain why it is important
	To identify the people in my family and explain where I can get help
Year 1	 To understand how to keep myself clean and healthy and explain why it is important
	o To understand how I have grown and changed since birth
	 To identify the people in my family, while recognising that not all families look like mine
	o To explain where I can get help and support.
Year 2	o To explore stereotypes
	o To explain personal boundaries
	o To understand the stages in the human lifecycle
	 To identify the people in my family, while recognising that not all families look like mine
	o To explain where I can get help and support.
Year 3	o To explain personal boundaries
	 To identify the people in my family, while recognizing that not all families look like mine
	o To explain where I can get help and support
	o To understand good friendships
Year 4	o To identify the people in my family, while recognizing that not all families look like mine
	o To explain where I can get help and support
	o To understand basic facts about puberty
	o To understand good friendships
Year 5	o To explore the emotional and physical changes that occur during puberty
	o To understand male and female puberty changes
	To explore the impact of puberty on the body and the importance of physical hygiene
	o To explore ways to get support during puberty
	o To understand what makes a family and who to turn to for help and support
Year 6	o To recap the male and female changes that happen during puberty
	 To understand what makes a family and who to turn to for help and support
	o To explore positive and negative ways of communicating in relationships
	o To understand healthy relationships
	o The understand the human reproductive system (parents can withdraw children from this lesson.)

7. 7.





LGBT Content

Relationships Education is designed to foster respect for others and for difference and educate pupils about healthy relationships.

- Teaching children about the society that we live in and the different types relationships that exist is important.
- The RSE guidance states that primary schools are strongly encouraged to teach about different types of families including those from LGBT backgrounds.

Whole School Approach

Our RSE curriculum will complement, and be supported by our policies and arrangements on behaviour, respect for equality and diversity, bullying and safeguarding.

- At the heart of RSE, there is a very clear focus on keeping children and young people safe and the role that schools can play in preventative education. We will ensure this is key to the decisions we make.
- Clear references to safeguarding are included in our draft RSE Policy.

Training and Development

Our school is already working with the Association of Muslim Schools who are actively providing training and support for schools and have a programme to support teachers to deliver RSE within the ethos of the Islamic faith.

Our school has already attended a webinar and has accessed especially written materials to support our school to meet both the statutory guidance required of schools as well as ensure that at every level, we have regard for the development of our children's tarbiyyah when delivering our RSE curriculum.

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Your Views

As part of the statutory guidance, we are required to consult with parents on our RSE Policy and allow you to ask questions and share any concerns you may have.

- We will listen to those concerns and then make a reasonable decision on next steps.
- The guidance is clear: what is taught and how, is a decision for schools and consultation does not allow parents to veto content we may decide to teach.

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Thanks for
Listening with great
patience
Email questions to
apatel@tayyibah.org.uk