

Relationships Education Parent Consultation Webinar

Secondary School



Our Aims

We Want our children to:



Live a life guided by the teachings of the Quran and Sunnah



Be happy and healthy



Be protected and safe



Receive the best opportunities to learn and grow

A well planned and high quality RSE programme will allow us to achieve these aims



‘Every one of you is a shepherd and is responsible for his flock.’

Sahih al-Bukhari
6719

‘The leader of people is a guardian and is responsible for his subjects.’

Sahih Muslim
1829

Where do children and young people learn about Relationships Education related issues

TELEVISION

RADIO

MUSIC

VIDEOS

GAMING

PARENTS AND SIBLINGS

PEERS

SCHOOL

ONLINE

FILMS

RSE and the Muslim Community

- The DfE states that RSE has been designed to help children from **all** backgrounds build positive and safe relationships and thrive in modern Britain. This means taking into account the faith communities pupils maybe part of when planning teaching, so that topics are appropriately handled
- In developing these units, the government has worked with a number of representative bodies and faith organisations including the Association of Muslim Schools.

‘Seeking knowledge is a duty upon every Muslim.’

Sunan ibn
Majah



Why has the RSE guidance Changed

- Today children and young people's dependence on technology and the online world is greater than ever before
- This provides young people with many positive and exciting opportunities whilst at the same time presenting many challenges and risks to children's safety and well-being.
- It is crucially important then that children and young people need to know how to keep themselves safe and healthy at all times.
- The revised guidance on RSE puts safeguarding pupils at its very heart.

What is Relationships Education

‘The aim of RSE in secondary is to give young people the information they need to help them develop healthy, nurturing relationships of all kinds, not just intimate relationships.’ RSE and Health Education July 2020

What is Relationship and Sex Education?

It should enable pupils to know:

- What a healthy relationship looks like
- What makes a good friend
- What makes a good colleague
- What makes a successful marriage or other type of committed relationship

What is Relationship and Sex Education?

It should also cover:

- Contraception
- Developing intimate relationships
- Resisting pressure to have sex (and not applying pressure)
- What is acceptable and unacceptable behaviour in relationships

What is Relationship and Sex Education?

This will help pupils understand the positive effects that good relationships have on their mental wellbeing, identify when relationships are not right and understand how such situations can be managed.

What is Relationship and Sex Education?

Effective RSE does not encourage early sexual experimentation. When planned well it should:

- teach young people to understand human sexuality and to respect themselves and others

What is Relationship and Sex Education?

- enable young people to mature, build their confidence and self-esteem and understand the reasons for delaying sexual activity.
- supports people, throughout life, to develop safe, fulfilling and healthy sexual relationships, at the appropriate time.

What is Relationships Education

‘Knowledge about safer sex and sexual health remains important to ensure that young people are equipped to make safe, informed and healthy choices as they progress through adult life. This should be delivered in a non-judgemental, factual way and allow scope for young people to ask questions in a safe environment.’
RSE and Health Education July 2020

Why is RSE important for schools?

- A high quality RSE curriculum will help pupils grow, learn, and develop positive, healthy behaviour for life.
- RSE plays a key part in supporting schools to protect and safeguard children
- A high quality RSE curriculum will help schools to demonstrate to Ofsted that they have a clear vision to ensure children can learn about some of the risks to their safety and well-being.

Why is RSE important for schools?

It is a statutory obligation under the:

- Children's Act (2004) to promote their pupil health and wellbeing
- Education Act (2002) to prepare children and young people for the challenges, opportunities and responsibilities of adult life.
- We play an important role in protecting children and young people from inappropriate online content, cyber-bullying and exploitation.

A comprehensive RSE programme can and will provide invaluable support in addressing these issues

Why is Relationship and Sex Education important for pupils?

An effective Relationships Education curriculum will:

- develop pupil's confidence to talk and think about feelings and relationships.
- develop the skills, language and confidence pupils need to protect themselves in a rapidly changing world.
- Prepare children for the changes and the time of puberty.

A comprehensive RSE programme can and will provide invaluable support in addressing these issues

Statutory Guidance: What's changed?

- Relationship education is compulsory for all pupils in primary schools from September 2020
- Relationship and Sex Education is compulsory for all pupils in secondary schools from September 2020
- Health education is compulsory only for all state schools from September 2020.

Independent schools are already delivering health education as part of the PSHE requirement for such schools

What is covered in Relationships and Sex Education?

- Families
- Respectful relationships, including friendships.
- Online and media
- Being Safe
- Intimate and sexual relationships including sexual health

What is covered in Relationships and Sex Education?

There will be opportunities for pupils to learn about laws surrounding sex, sexuality, sexual health and gender identity which will be delivered in an age and developmentally appropriate and inclusive way.

The laws around a variety of other issues will be considered which include: marriage, consent, pornography, radicalisation and gangs.

What is covered in Relationships and Sex Education?

There will be opportunities to learn about grooming, sexual exploitation and domestic abuse which should include coercive and controlling behaviour. The physical and emotional damage that can be caused by female genital mutilation (FGM) will also be addressed.

Health Education

A comprehensive health education curriculum will:

- enable pupils to make good decisions about their own health and wellbeing.
- equip pupils with the knowledge and skills they need to address issues such as isolation, loneliness, unhappiness, bullying and other factors that may contribute to poor health and wellbeing.

Health Education

- Pupils will be taught to make well informed, positive choices for themselves that seek to support their own health and well-being.
- There will be opportunities for pupils to learn about problems and challenges, including more serious mental and physical health conditions such as substance and alcohol misuse, with a focus on providing
- Our teachers will demonstrate an awareness of common Adverse Childhood Experiences (ACE) such as bereavement, family breakdown and exposure to domestic abuse, and how these might impact on pupils.
- Pupils will be taught how to judge when they or someone they know needs support and where they can seek help if needed

Health Education Units

- Mental Wellbeing
- Internet Safety and harms
- Physical health and fitness
- Healthy Eating.
- Drugs, alcohol and tobacco
- Heath and prevention
- Basic first aid
- Changing adolescent body

Sex Education in Secondary Schools

The guidance makes clear that:

- there is a statutory requirement to teach sex education in secondary schools.
- parents have the right to withdraw their children from sex education lessons in any school where it is taught up until three terms before the child turns 16 i.e from Sep Year 10 onwards

Curriculum documentation and resources

The guidance makes clear that:

- The Association of Muslim Schools has developed key documents to support both its member schools and other schools and organisations for the changes of the new statutory guidance.
- The Association will be producing lesson plans for both primary and secondary schools that meet the needs of the statutory guidance but make reference to the teachings of the Qu'ran and Sunnah

AMS UK AMS RELATIONSHIPS AND SEX EDUCATION LONG TERM OVERVIEW SECONDARY

| | AUTUMN 1 | AUTUMN 2 | SPRING 1 | SPRING 2 | SUMMER 1 | SUMMER 2 |
|----|---|--|---|---|---|--|
| 7 | Families O1 - Different types of stable relationships, how they can contribute to human happiness. | Families O2 - Marriage, legal status, rights and protections that are not available to unmarried couples, why marriage is important and why it must be freely entered into. | Respectful relationships, including friendship O6 - To treat and be treated with respect in school and society and impact of bullying. | Online and media O13 - Rights, responsibilities and opportunities online. | Respectful relationships, including friendship O9 - How stereotypes based on sex, gender, race, religion, disability can cause damage. | Intimate and sexual relationships, including sexual health O19 - Identifying and managing peer pressure. |
| 8 | Respectful relationships, including friendship O7 - Positive and healthy friendships and other non-sexual relationships and practical steps to improve respectful relationships. | Families O3 - Characteristics and legal status of other long-term relationships. | Respectful relationships, including friendship O10 - Legal rights and responsibilities regarding equality. | Intimate and sexual relationships, including sexual health O20 - Facts about reproductive health, fertility and menopause. | Being safe O19 - Concepts and laws regarding coercion and forced marriage. | Online and media O15 - Impact of viewing harmful content. |
| 9 | Online media O14 - How information and data is collected and shared online. | Intimate and sexual relationships, including sexual health O21 - Characteristics and positive aspects of healthy one-to-one relationships. | Being safe O19 - Concepts and laws regarding coercion and forced marriage. | Online and media O15 - Impact of viewing harmful content. | Intimate and sexual relationships, including sexual health O21 - Characteristics and positive aspects of healthy one-to-one relationships. | Online and media O17 - Impact of viewing sexually explicit material including pornography. |
| 10 | Families O4 - Roles and responsibilities of parents with respect to raising children and characteristics of successful parenting. | Online and media O16 - Online risks including consent and sharing material. | Intimate and sexual relationships, including sexual health O23 - Characteristics of healthy intimate relationships and how the choices we make in relationships can impact our health positively and negatively. | Being safe O20 - Concepts and laws regarding FGM. | Respectful relationships, including friendship O11 - Violent and criminal behaviour in relationships including coercive control. | Respectful relationships, including friendship O11 - Violent and criminal behaviour in relationships including coercive control. |
| 11 | Intimate and sexual relationships, including sexual health O22 - Pregnancy facts including miscarriage and contraception. | Families O5 - Determining whether people or sources of information are trustworthy and safe. | Families O6 - Pregnancy choices, abortion and adoption. | Being safe O21 - How to communicate and recognise consent and when consent can be withdrawn. | Intimate and sexual relationships, including sexual health O24 - Alcohol and drugs and their effect on risky sexual behaviour. | Respectful relationships, including friendship O12 - Violent and criminal behaviour in relationships, sexual harassment and violence. |
| 12 | Intimate and sexual relationships, including sexual health O25 - Sexually transmitted diseases including HIV, AIDS, STI's and STD's, impact and treatment. | Intimate and sexual relationships, including sexual health O26 - Identifying and managing sexual pressure and choice to delay sex. | Online and media O18 - Criminal consequences of viewing and sharing indecent images of children. | | | |

LGBT Content

- Relationships Education is designed to foster respect for others and for difference and educate pupils about healthy relationships.
- Teaching children about the society that we live in and the different types relationships that exist is important.
- The RSE guidance states that primary schools are strongly encouraged to teach about different types of families including those from LGBT backgrounds.

Whole School Approach

- Our RSE curriculum will complement, and be supported by our policies and arrangements on behaviour, respect for equality and diversity, bullying and safeguarding.
- At the heart of RSE, there is a very clear focus on keeping children and young people safe and the role that schools can play in preventative education. We will ensure this is key to the decisions we make.
- Clear references to safeguarding are included in our draft RSE Policy.

Training and Development

- Our school is already working with the Association of Muslim Schools who are actively providing training and support for schools and have a programme to support teachers to deliver RSE within the ethos of the Islamic faith.
- Our school has already attended a webinar and has accessed especially written materials to support our school to meet both the statutory guidance required of schools as well as ensure that at every level, we have regard for the development of our children's tarbiyyah when delivering our RSE curriculum.

Your Views

- As part of the statutory guidance, we are required to consult with parents on our RSE Policy and allow you to ask questions and share any concerns you may have.
- We will listen to those concerns and then make a reasonable decision on next steps.
- The guidance is clear: what is taught and how, is a decision for schools and consultation does not allow parents to veto content we may decide to teach.

What we will do next?

- listen carefully to your views, the views of our pupils and staff.
- finalise the RSE policy and curriculum planning documents.
- continue to work with the Association of Muslim Schools and other providers to ensure we have the best resources available to teach our children a comprehensive, exciting and innovative RSE curriculum that meets statutory requirements and the needs of our children.
- share our final documents with parents through email and our school website.



Thanks for
Listening with great
patience

Email questions to
apatel@tayyibah.org.uk

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